

Aestuarium consulting services



Shoulder yourself with love

Why us

- ❑ We operate with our core values - **empathy, resilience, creativity, commitment and follow a beneficiary centric approach.**
- ❑ Our trainers enabled student leadership, school/college transformation and community development possible in scale by working with the commissioner of school education in Andhra Pradesh, Tamil Nadu and Telangana social and tribal welfare residential schools.
- ❑ All our coaches are International Coaching Federation certified ACTP trained and highly experiences
- ❑ We customize training and coaching services based on client needs.
- ❑ All our training programs are experiential in nature.
- ❑ Maximum participants per session is 15. This is to ensure quality in transfer of skills.

Contact details

Bhanumathi Sundaresan

Coach and Trainer

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visit us @ www.aestuarium.org

Rates

- ▶ Fee depends on the level of training and duration of engagement.
- ▶ Out of pocket expenses including travel, board and lodge to be extra; tax additional.

Our services

Mentoring, Training and Coaching for educational institutions

Design thinking training for educators

Educators requirements are unique and based on various parameters the challenges vary. We help educators design solutions for curriculum, space, process and system enabling them to solve any challenge (looking at each one them as an opportunity for change) in their classroom, school and community.

Design thinking for students in schools and colleges

Life skills, 21st century skills, and employability skills - these additions is what progressive educational institutions thrive for. We make this possible by creating student leaders by imparting design thinking skills to students enabling them to solve any challenge at their home, classroom, school and community.

Pedagogy and Andragogy

Pedagogy is the method and practice of teaching and learners and the method and practice teaching adult learners is andragogy. We impart these skill sets with the understanding of psychology and through the different theories, enable and empower educators and school/institutional leaders. Soft skills, team building, communication skills are other programs we do customizing to the needs.

Parenting workshops

Aestuarium empowers parents to raise resilient and successful children through holistic positive parenting. We conduct experiential workshops for parents to come together and ideate creative approaches to provide physical, emotional, social, and intellectual development of their children.